

SCHOOL HEALTH SERVICES

Information for Parents/Guardians

HEALTH OFFICE PERSONNEL

School nurses are registered nurses who promote the health and well-being of students, thereby facilitating student success and achievement. They oversee the health services programs at multiple school sites. School nurses coordinate the needs of medically complex students, contribute to the student's individualized educational health plan, conduct health screenings, manage communicable diseases, and perform and coordinate specialized medical procedures for medically fragile students. They assess the health and developmental status of students for the purpose of identifying physical disorders and other factors affecting the learning process and make referrals to community resources/providers as necessary. School nurses provide training and ongoing monitoring of unlicensed assistive personnel involved in the delivery of student health services.

The school health assistants (SHAs) are unlicensed assistive personnel who provide health services under the direction of the school nurse. Primary duties include rendering basic first aid and emergency care to students for illness and injury, administering medication, and performing procedures delegated by the school nurse.

HEALTHY HABITS

As a parent/guardian, you play a big role in your child's academic success before they even step foot on campus. Children perform better in school when they are well-rested, eat a nutritious breakfast, and have some form of routine exercise. Growing children need at least 8-10 hours of sleep each night. Ensuring they turn off their screen time 1-2 hours before bed, will help their minds settle and provide more restful sleep.

Good hygiene and clean clothing are important for self-esteem and acceptance by their peers. Developing healthy habits will minimize missed instruction. Thank you for your assistance in making sure your child is ready to learn each day.

SCREENING

The Health Services Department enhances the educational potential of all students in the District by promoting health and well-being. Under NRS 392.420, the following screening will be conducted:

- Vision and hearing screening for students new to the District, any students repeating a grade and those in kindergarten, 4th grade, 7th grade, and 10th grade.
- Scoliosis screening for students new to the District, 6th grade girls, and 8th grade boys.
- Height and weight screening for students in 4th grade and 7th grade.

These screenings do not substitute routine follow up with a licensed health care provider (LHCP). Problems detected during screening will be referred to the parent/guardian for follow up. Call the school nurse if assistance is needed to access follow-up care.

WHEN SHOULD MY CHILD STAY HOME?

If any of these symptoms are present, your child should be kept home:

Fever (100 degrees or greater)	Unexplained vomiting and/or diarrhea
Unexplained rash	Persistent headache
Red or sore throat	Earache
Excessive coughing	Wheezing
Severe toothache	Untreated head lice

If the symptoms continue longer than 24 hours, you may need to take your child to a LHCP. Your child must be fever-free for 24 hours, without the use of fever-reducing medications (i.e., Tylenol, Advil), before returning to school.

CONTAGIOUS ILLNESSES

According to the Southern Nevada Health District, students with known or suspected contagious illnesses cannot come to school. The school nurse will provide guidance on when your child can return to school.

All children must be fever-free for 24 hours, without the use of fever-reducing medications, such as Tylenol or Motrin before they can return to school.

HEALTH PROBLEMS

Each year the parent/guardian is required to complete the student health information in the online registration. Please include information about any health concerns, current medications and/or procedures your child currently has. If the health information is not updated, the previous school year's information will be considered current.

Information about students' health concerns will be shared with their teachers and school staff on a need-to-know basis.

HEALTH & SAFETY ACCOMMODATIONS

(Physical education (PE) excuse, use of assistive devices)

If your child is unable to participate in PE/ recess or is using crutches or other assistive devices, please notify the school nurse. A licensed health care provider order may be necessary for a student who requires health/safety accommodations in the school setting.

EMERGENCIES AT SCHOOL

If a medical emergency occurs at school:

- The parent/guardian will be notified. Medical care will be provided per the *First Aid/Emergency Care Guidelines for School Personnel (PUB 648)* and *Clark County School District Regulation 5150*.
- Emergency Medical Services (EMS) will be activated per *District PUB 648*. Student will be transported per EMS protocol.
- Automated External Defibrillators are present on all school campuses and will be utilized for suspected heart-related emergencies.

STOCK EPINEPHRINE

Readily accessible epinephrine is integral to the emergency treatment of anaphylaxis, a severe allergic reaction. Auto-injectable epinephrine is maintained at each school site for use during regular school hours. Only trained, designated District personnel are able to administer stock epinephrine. If epinephrine is administered, the parent/guardian will be notified and EMS will be activated per *District PUB 648*. Your child may be transported to a hospital per EMS protocol.

MEDICATION AT SCHOOL

Students may require medication administration at school, during school activities or while on school-sponsored field trips. The school nurse and other qualified, trained school personnel are responsible for safe administration. The parent/guardian must sign the *District Parent/Guardian Request for Medication Assistance* form for each medication. All medications (prescription or over-the-counter) require a prescription from the LHCP identifying the five rights of medication administration and indications for use, as applicable. Further clarification from your child's LHCP may be necessary before a medication can be administered. Over-the-counter medication must be in the original container and be accompanied by the LHCP order. Parent/Guardian requests for changes cannot be honored without a new LHCP order. Homeopathic remedies must meet legal guidelines for administration in school and are reviewed and approved by the CCSD medical director.

If appropriate, parents/guardians should make every effort to provide medications at home to avoid the necessity of medicating students during school hours. In order to maximize the use of instructional time, medication should be taken before or after school hours.

Students in grades 6-12 may self-medicate, with parent/guardian written permission, so long as it is not a controlled substance. Written permission from the parent/guardian must be carried by the student at all times. All controlled substances must remain locked in the health office and are administered by trained District personnel.

Students in grades K-12 may self-medicate with prescribed medication for asthma or severe allergic reactions per NRS 392.425. A *Request to Authorize Student Self-Administration of Prescribed Medication for Asthma/Anaphylaxis* must be completed by the parent/guardian and LHCP. Return completed forms to the health office. Students who self-medicate are not monitored by health office personnel or the school nurse.

STOCK NARCAN®

Stock Narcan® is integral to the emergency treatment of potential opioid-related overdoses and is maintained at each school site for use during regular school hours. Only trained, designated District personnel are able to administer stock Narcan®. If stock Narcan® is administered, the parent/guardian will be notified and EMS will be activated per *District PUB 648*. The student will be transported to a hospital as constant surveillance is required.

FOOD ALLERGIES/SPECIAL DIET

Severe food allergies can be life-threatening. Notify your school nurse immediately if your child has a known severe food allergy and requires a special diet and/or emergency medication. LHCP orders are required for any emergency medications. Contact the health office for the appropriate order form.

To renew, update or discontinue a special diet, go to the District's Food Service Department website: <https://ccsd.net/departments/food-service/specialdiets>.

IMMUNIZATIONS

Immunization requirements are established by the Nevada Division of Public and Behavioral Health. Unless a student has a Nevada State Immunization Exemption Certificate (religious or medical waiver), they are required to be both current and compliant with mandated vaccinations prior to enrolling or attending school. For immunization requirements, visit <https://ccsd.net/parents/enrollment#proofImm>.

All incoming 12th grade students will require one dose of MenACWY (MCV4) on or after the age of 16. All incoming 7th grade students will require one dose of MenACWY (MCV4) and one dose of T-dap. The District does not administer vaccinations. Parents/Guardians who would like to have their child vaccinated should contact their child's LHCP or SNHD. For further information or clinic locations, call the SNHD at 702-759-0850 or refer to the SNHD website: <https://www.southernnevadahealthdistrict.org/community-health-center/immunization-clinic/>.

HEAD/EYE INJURIES

Injuries occurring from accidents, sports, or falls can be serious. If a student has a suspected head or eye injury, the parent/guardian will be notified. Head injuries may be serious without obvious signs of injury. EMS (911) will be activated per the *District PUB 648* and *District Regulation 5150*. The student may be transported to a hospital based on EMS protocol.

HOMEBOUND PROGRAM

Students who are unable to attend school due to an injury, illness, or psychological disorder may be eligible for homebound services. The parent/guardian should contact the school counselor, school nurse, or school psychologist for further information.

SUPPLEMENTARY HOME SERVICES

The Auxiliary Instructional Services (AIS) Supplementary Home Services (SHS) is designed for all students with chronic illnesses who are likely to experience frequent intermittent absences throughout the school year. This program is not meant to replace instruction at school, only to supplement instruction for short-term absences. Speak with your child's school team if you feel this would benefit your child.

SPECIALIZED HEALTH SERVICES

According to *District Regulation 5150*, if your child requires specialized health procedures at school such as, but not limited to, a nebulizer treatment, epinephrine injection, blood glucose monitoring, gastrostomy tube feeding, or clean intermittent catheterization, a LHCP order is required. Parents/Guardians must contact the school nurse. No procedure will be performed by school personnel without the LHCP order and parent/guardian approval.

The parent/guardian should make every effort to perform the health care procedure outside of school hours to minimize loss of instructional time.

RESOURCES

A variety of community resources can be found at <http://ssd.ccsd.net/parent-information-portal/>.